



# Surviving the School Social Scene

## REVIEW CHECKLIST

For helping my child with the school social scene

- Do I believe the social aspect of school can be very stressful for my child?
- Do I provide sufficient opportunities for my child to practice various social skills?
- Do I maintain a good balance of social and alone-time that will meet my child's unique needs?
- Do I play games with my child that will teach and reinforce his social skills?
- Do I ask "what if" questions to trigger my child's social brain to develop new neural pathways?
- Do I share information with the school staff about my child's social challenges?