



Part 4 | Chapter 4

Making Adjustments

REVIEW CHECKLIST

For making adjustments

- Have I communicated clearly about school with my child?
- Is my child getting enough sleep?
- Have I met with my child's teacher(s)?
- Did I attend the open house?
- Do we use a school calendar as a visual aid?
- Do I always talk about school in a positive manner?
- Do I use other resources to help my child adjust?
- Have we had a family meeting about school? Do we need another?
- Did I reviewed positive school memories with my child?
- Did we meet with and addressed any issues with the bus driver?
- Do I monitor the amount of time my child uses screen-machines?

Source: AUTISM PARENTING: Practical Strategies for a Positive School Experience

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