



Part 6 | Chapter 5

Praise and Encouragement

REVIEW CHECKLIST

For using praise and encouragement

- Do I reserve praise for the more important things?
- Do I describe what my child did when I praise her, and how it made me feel?
- Do I focus on the effort my child puts into a task, so he can come to understand the importance of it?
- Do I use descriptive and specific language when praising my child, so she understands exactly what she did to earn it?
- Is my praise always authentic and sincere?
- Do I show my appreciation in ways that take my child's learning style into consideration?
- Am I mindful to search for the positive and pointing it out?
- Do I ask my child questions about how he feels when he does something worthy of praise, so he can learn to reflect inwardly?
- Do I keep external rewards to a minimum to keep my child internally motivated?