



Part 2 | Chapter 5

Adaptive Skills

REVIEW CHECKLIST

For teaching my child adaptive/executive function skills

- Am I teaching my child how to care for her personal needs?
- Do I seek meaningful ways to help my child communicate?
- Do I understand the benefits of socialization in helping my child become independent?
- Do I always look for new ways to help my child cope?
- Do I create systems with my child that will help him learn to be organized?
- Do I customize these systems to the way my child learns best?
- Do I teach my child how to ask the teacher (and others) for help?

Source: AUTISM PARENTING: Practical Strategies for a Positive School Experience

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